

SUNDAY & EARLYBIRD MENU £14.95

EARLY BIRD (5:00pm-7:30pm) SUNDAY LUNCH (12:00pm-6:00pm)

STARTERS

HUMUZ

MEAT BALLS

IN TOMATO SAUCE WITH A HINT OF CHILLI

SOUP OF THE DAY

MELON WITH FRESH FRUIT

BREADED MUSHROOMS

WITH GARLIC & LEMON SAUCE

MAIN COURSE

ROAST SIRLOIN BEEF AVAILABLE ON SUNDAYS ONLY
SERVED WITH FRESH VEG, POTATOES AND YORKSHIRE PUDDING

ROAST ENGLISH LAMB AVAILABLE ON SUNDAYS ONLY
SERVED WITH FRESH VEG, POTATOES

CHICKEN CHASSEUR

BREAST OF CHICKEN COOKED WITH MUSHROOMS, ONIONS,
TOMATOES, A HINT OF GARLIC, TOPPED WITH RED WINE SAUCE

SALMON OR TROUT ALMONDE

WITH TOMATOES AND BASIL

SCOTCH STEAK

PLAIN GRILLED OR WITH PEPPER SAUCE

MUSAKA (MEAT OR VEGETARIAN)

SLICED AUBERGINES, COURGETTES AND POTATOES PREPARED WITH (MINCED LAMB),
CREAM AND CHEESE SAUCE BAKED IN THE OVEN, SERVED WITH SALAD

DESSERTS OR COFFEE

TIRMISU - CREME CARAMEL - MIXED ICE CREAM - APPLE PIE

Mirage

Mirage Steak Restaurant TAKEAWAY MENU

740 Eastern Avenue, Newbury Park, Ilford, Essex IG2 7HU

OPEN 7 NIGHTS A WEEK

Monday - Thursday 5:00pm - 11:00pm

Friday - Saturday 5:00pm - 12:00pm

Sunday Lunch 12:00 noon - 11:00pm

Our restaurant seats 130 diners

Extensive A La Carte Menu Available

Sunday Lunch & Early Bird Menu **ONLY £14.95**

Tel/Fax: 020 8518 6620

www.mirage-restaurant.co.uk

FULLY LICENCED

AIR CONDITIONED



STARTERS

TARAMA SALATA FISH COD ROE, OLIVE OIL, LEMON JUICE	£3.75
HUMUS GROUND CHICK PEAS, OLIVE OIL, GARLIC	£3.75
IMAM BAYILDI STUFFED AUBERGINE COOKED IN OLIVE OIL	£4.00
DOLMA STUFFED VINE LEAVES	£4.00
CACIK HOME MADE YOGHURT & CUCUMBER	£3.75
BOREK TURKISH CHEESE, ONIONS, FILO PASTRY	£4.00
GARLIC BREAD OR WITH CHEESE	£4.00 £4.50
GARLIC MUSHROOMS COOKED IN CREAMY WHITE WINE SAUCE	£5.00
CALAMARI AND SALAD small large	£5.00 £9.00
SMOKED SALMON	£6.00
KING PRAWNS (4) IN GARLIC, TOMATOES AND CHILLI	£8.50
WHITE BAIT SERVED WITH SALAD	£5.50
PRAWN COCKTAIL	£6.00
HOME MADE PATE	£5.00
SCAMPI FRIED	£5.00
MINISTRONE or SOUP OF THE DAY	£3.50
HELLIM GRILLED TURKISH CHEESE	£4.00

TURKISH SPECIALITIES

KLEFTICO A TENDER LEAN KNUCKLE OF LAMB COOKED SLOWLY IN HERBS, SPICES AND SERVED WITH ROAST POTATOES	£12.00
FILLET KEBAB CUBES OF FILLET STEAK ON THE SKEWER SERVED WITH RICE	£16.50
CHICKEN & SHISH KEBAB SLICES OF CHICKEN & LAMB ON THE SKEWER COOKED OVER CHARCOAL, SERVED WITH RICE	£7.50
SHISH KEBAB Large £7.00 ExLarge £8.50 CUBES OF LAMB ON THE SKEWER COOKED OVER CHARCOAL, SERVED WITH RICE	£8.50
CHICKEN KEBAB Large £7.00 ExLarge £8.50 CUBES OF CHICKEN ON THE SKEWER COOKED OVER CHARCOAL, SERVED WITH RICE	£8.50
TURKISH MIXED KEBAB SELECTION OF KEBAB ON SKEWER COOKED OVER CHARCOAL, SERVED WITH RICE	£12.00
SHISH KOFTE Large £7.00 ExLarge £8.50 MINCED LAMB PREPARED WITH ONIONS AND SPICES, COOKED OVER CHARCOAL, SERVED WITH RICE	£8.50
LAMB STEAK MIRAGE FILLET OF LAMB STEAK COOKED IN WHITE WINE, MUSHROOMS AND A CREAMY SAUCE	£10.50
MUSAKA SLICED AUBERGINES, COURGETTES & POTATOES, PREPARED WITH MINCED LAMB, CREAM AND CHEESE SAUCE, BAKED IN THE OVEN, SERVED WITH SALAD	£8.95
FISH DISHES GRILLED SKATE WITH LEMON & CAPERS	£15.00
SEA BASS IWITH GARLIC, GINGER, FLAMED WITH WHITE WINE, FRESH TOMATOES	£15.00
TROUT GRILLED MEUNIERE OR ALMONDINE	£8.50
FISH OF THE DAY	£

ENTREES

CHICKEN MIRAGE BREAST OF CHICKEN IN WHITE WINE, ASPARAGUS & MUSHROOMS IN A CREAMY SAUCE	£9.95
CHICKEN PRINCESS BREAST OF CHICKEN IN BREADCRUMBS, FRIED IN BUTTER, TOPPED WITH CHEESE, ASPARAGUS, GLAZED WITH A WHITE WINE SAUCE	£9.95
CHICKEN CHASSEUR BREAST OF CHICKEN COOKED WITH MUSHROOMS, ONIONS, TOMATOES, A HINT OF GARLIC, TOPPED WITH RED WINE SAUCE	£9.95
CHICKEN KIEV BREAST OF CHICKEN IN BREADCRUMBS, STUFFED WITH GARLIC BUTTER AND DEEP FRIED	£9.95
ESCALOPE CHASSEUR VEAL COOKED WITH MUSHROOMS, ONIONS, TOMATOES, A HINT OF GARLIC, TOPPED WITH RED WINE SAUCE	£9.95
ESCALOPE HOLSTEIN ESCALOPE OF VEAL IN BREADCRUMBS, FRIED IN BUTTER, TOPPED WITH A FRIED EGG	£9.95
ESCALOPE MIRAGE ESCALOPE OF VEAL IN WHITE WINE, MUSHROOMS, ASPARAGUS AND CREAM SAUCE	£9.95
ESCALOPE OF VERNAISE PAN-FRIED VEAL WITH OLIVES, PEPPERS, DICED TOMATOES AND RED WINE SAUCE	£9.95
DUCK A L'ORANGE ROAST NORFOLK DUCK COOKED IN ORANGE & GRAND MARNIER	£9.95
CALF LIVER LYONAISE PAN-FRIED WITH SAUTEED ONIONS, FLAMED WITH MADEIRA WINE	£9.95
VEGETABLES CAULIFLOWER CHEESE GRILLED TOMATOES AUBERGINE FRIED ONION RINGS COURGETTES MUSHROOMS BROCCOLI SPINACH FRENCH BEANS FRESH ASPARAGUS	£2.95 £1.95 £2.95 £1.95 £2.95 £2.95 £2.95 £1.95 £2.95 £1.95 £3.50

GRILLS

TOURNEDOS MEXICAN PRIME FILLET STEAK COOKED WITH PEPPERS, TOMATOES, GRAVY, MUSHROOMS & A HINT OF FRESH CHILI	£16.95
TOURNEDOS ROSSINI GRILLED SCOTCH FILLET STEAK TOPPED WITH PATE, GLAZED WITH SAUCE	£16.95
TOURNEDOS CHASSEUR GRILLED SCOTCH FILLET STEAK COOKED WITH MUSHROOMS, ONIONS, TOMATOES & A HINT OF GARLIC, TOPPED WITH WINE SAUCE	£16.95
FILLET MIRAGE COOKED IN WHITE WINE, MUSHROOMS & A CREAMY SAUCE	£16.95
FILLET AU POIVRE FILLET STEAK IN CRUSHED BLACK PEPPERCORNS WITH CREAM, RED WINE SAUCE	£16.95
ENTRECOTE AU POIVRE SIRLOIN STEAK IN CRUSHED BLACK PEPPERCORNS WITH CREAM, RED WINE SAUCE	£16.95
STEAK DIANE TENDERISED FILLET COOKED WITH MUSHROOMS & ONIONS, FLAMED WITH BRANDY	£16.95
BEEF STROGANOFF THINLY SLICED FILLETS OF STEAK SAUTEED IN BUTTER WITH FRESH CREAM, SHALLOT ONIONS, MUSHROOMS, SERVED WITH RICE	£16.95
CHARCOAL GRILLS SCOTCH FILLET STEAK SCOTCH SIRLOIN STEAK GRILLED LAMB CUTLETS T-BONE OF BEEF 2-3lbs	£15.95 £13.95 £12.50 £19.95
POTATOES FRENCH FRIES NEW POTATOES LYONAISE SAUTE MASH POTATOES	£1.50 £1.50 £2.00 £1.50 £2.00
SALADS TOMATO & ONION SALAD TURKISH SALAD MIXED SALAD OLIVES & PEPPERS POT OF CHILLI SAUCE	£2.00 £2.50 £2.50 £3.00 £0.50